



|           | Monday                                      | Tuesday                                      | Wednesday                                   | Thursday                                    | Friday                                | Saturday  | Sunday                                   |
|-----------|---|--|---|---|---------------------------------------|---|--|
| Morning   | Early Riser Boot Camp<br>6:00-7:00 a.m.     | Cycling with Power<br>6:00-7:00 a.m.         | Early Riser Boot Camp<br>6:00-7:00 a.m.     |   |                                       | Karate<br>9:00 a.m.-12:30 p.m.                      | Junior Tennis<br>9:00 a.m.-2:00 p.m.     |
|           |   | Pilates: Small Equipment<br>9:00-10:00 a.m.  | MOC 45/30<br>9:30-10:45 a.m.                |   |                                       |   |  |
|           |   | Drop in Pickleball*<br>10:30 a.m.-12:30 p.m. | Monkeys Can Swim<br>9:30-11:00 a.m.         |   |                                       |   |  |
| Afternoon |   |  | Monkeys Can Swim<br>12:30-2:00 p.m.         | Backyardgames*<br>2:30-3:30 p.m.            | Drop in Pickleball*<br>1:00-3:00 p.m. | Youth/Teen Drop in<br>Volleyball*<br>2:00-3:00 p.m. |  |
|           |   |  |   |   |                                       |   |  |
| Evening   |   |  |   | Parkour<br>4:00-7:00 p.m.                   | Junior Tennis<br>4:00-6:30 p.m.       | Youth/Teen Drop in<br>Basketball*<br>4:30-5:30p.m.  | Pickleball Open Play*<br>8:00-10:00 p.m. |
|           | Learn to Train Volleyball<br>6:00-7:00 p.m. | Karate<br>6:00-8:30 p.m.                     | Learn to Train Basketball<br>6:30-7:30 p.m. |   |                                       |   |  |
|           | Train to Train Volleyball<br>7:00-8:00 p.m. |  | Drop in Volleyball*<br>8:30-9:30 p.m.       | Train to Train Basketball<br>7:30-8:30 p.m. | Cycling with Power*<br>6:05-7:15 p.m. |   |  |
|           | Pickleball Open Play*<br>8:00-10:00 p.m.    | Drop in Basketball*<br>9:30-11:00 p.m.       |   | Pickleball Open Play*<br>7:30-10:00 p.m.    |                                       |   |  |

 Full Gym being used for class  
 Half Gym being used for class  
 \*Gym space may become available if there is room for program to use half of the gym.  
 Gym is available unless otherwise stated or blocked off for events/classes